

Fastpitch 2019

Hello Athletes and Parents,

The new Fastpitch season starts September 4, 2019, **ON** the first day of school. All paperwork must be completed and turned in to the ASB window **before** you can try-out for the team.

You must have: 1) **CURRENT PHYSICAL** signed by a physician – this is good for two years from the exam date.

2) **NEW Emergency Reference Form** (the pink form).

3) **Athletic Clearance Form** (once/ year).

4) **Concussion/Sudden Cardiac Arrest Acknowledgement Form** (once/year).

5) **Fastpitch Insurance Form**

Please make sure that you turn in the above forms to the ASB window on or before September 2, 2019. Any paperwork received after this date will not be cleared for participation on the first day of practice.

You will also need to PAY \$50 to PARTICIPATE in the sport. Fastpitch is a cut sport, so please don't pay this fee until you have made the team.

Practice will be everyday after school starting at 4:00pm at Linder Field next to the Jenne Wright Building on Silverdale Way. This location may change as construction of the new field gets finished. Also, if it is raining, practice will be held indoors at the school. If we are practicing and playing our games at Linder Field, we will be walking down together as a group. Proper equipment will be required for practices (i.e. glove, cleats, softball pants or sweats, socks and a jacket or sweatshirt if needed). And please bring both running shoes and cleats to **ALL** practices.

Tryouts will be held over the first three days and focus on throwing, hitting, fielding, as well as some other factors. From try-outs, we will be creating ONE team that will represent the CKMS Fastpitch Program. In the event that there are a high number of ladies trying-out, there will be cuts made (these will be announced at the end of the third day of try-outs).

If you make the team, you will be issued a CK Fastpitch Jersey (and possibly pants). In the event I cannot get the pants, you will be required to purchase black softball/baseball pants and maroon softball socks. You will be responsible for taking care of the uniform for the entire season and return it upon completion. We ask that you wear this uniform with pride and distinction while representing Central Kitsap Middle School.

Parents, we are asking for your support and cooperation in this new season to assure that your child will attend all practices and participate fully during the practice time of 4:00pm to 6:00pm. PLEASE make sure that your player is picked up no later than 6:30pm on practice days. All home games will be held at Linder Field (if this changes, all families will be notified), there will be NO bus transportation except for away games only. Once the team has been picked and announced, there will be a parent/player meeting that attendance will be **REQUIRED** to be able to go over the new season rules and expectations. The time and date will be announced after try-outs are completed.

We are looking forward for the new season to begin and Good Luck!

If you or your parents have any questions, please email me at joyiak@ckschools.org

Joyia Keil, Head Coach

James Howell, Assistant Coach